



CALGARY & REGION FAMILY DAY HOME AGENCY Inc.

January Newsletter 2014

Dates to Remember:

Invoice due date January 22

Effective January 2014 all late invoices and timesheets + PSFS will be charged a \$25 late fee each. This will be a deduction in the following month.

Inservice January 15 (7:00pm-9:00pm) - Agency hosted workshop to kickoff our Re-Accreditation year

Workshop February 1 (9:00am –11:00am) - Ideas for bringing Diversity into your Day Home

Holidays Around the World

With the festive month of December coming to an end it is always a good idea to keep in mind other holidays from around the world to celebrate or learn about with your Day Home children .

- Kwanzaa (African American) December 26th – January 1st
- Omisoka (Japanese) December 31st
- New Years' Eve (various countries) – December 31st
- Chinese new year January 2-3rd
- Epiphany (Italy) January 6
- Coming of age (Japan) January 13
- Edi Milad Un-Nabi (Pakistan) January 14



**From the desk of Louise:
Parent Accounts Manager**

Happy New Year! May 2014 be a wonderful year for you and your families. Providers-remember you are self-employed and for your 2013 taxes you will need to have all your invoices. Please make sure you have them ALL! There is a \$25 for additional copies.

Parents-all active parents will receive their tax letters by Feb. 28th. The consultants will be dropping them off at your provider's home.



**From the desk of Gail:
Executive Director**

With the New Year approaching a new list of Invoice and Inservice dates will be coming out in January. Please watch for these or ask your Consultant for any clarifications.

With the beginning of the new year I am reminding all Providers that each time you have a non-compliance in your home you are in breach of your contract with the agency. The Day Home Standards Manual outlines your responsibilities and if you need clarification you can contact your Consultant.

2014 is our Re-Accreditation year. Let's work hard to show how great our day homes are!

Menu Idea

Filipino Pancit

- 1 small onion (sliced)
- 2 cloves garlic (minced)
- 1 package pancit noodles or rice noodles
- 3 boneless, skinless chicken thighs
- 1 cup cabbage (shredded)
- 1 green bell pepper (julienned)
- 1 cup carrots (julienned)
- 2 stalks celery (sliced on a diagonal)
- 1 tablespoon soy sauce
- 1-1 ½ cups chicken stock
- Salt and pepper to taste
- 2 calamansi or 1 lemon, juiced



This dish is fairly quick to prepare. Sauté onions and garlic until onions become translucent. Cut chicken into bite size pieces and brown with onions and garlic. After chicken is cooked, add vegetables and 1 cup of chicken stock. Bring to a boil and add noodles. Cover and simmer until noodles are soft. Add soy sauce, salt and pepper to taste.

History

Noodles are the main ingredient of *pancit*. Although originally from China, noodles were adapted into the traditional Filipino dish that is known today as *pancit*. It is not unusual to find some popular *Filipino* dishes on a local *fiesta* table.

An Asian tradition that has become more popular on Guam is the preparation of *pancit* on special occasions, such as birthdays and New Year's Eve. The consumption of the long noodles is believed to ensure a long life in those who eat the dish.



Training Sessions / Workshops in the Community

Alberta Health Service: Community Education Services

- January 13—6:30-8:00pm Shaganappi Public Library
“Supporting Anxious Children and Teens: From Recognition to Response”
- January 14—7:00pm-8:30pm Shawnessy Public Library
“Introduction to Infant Sign Language”
- January 28—6:30-8:00pm Alberta Children’s Hospital –B2200
“Beyond the Hurt: Bullying and Harassment”
- January 29—6:30-8:00pm Genesis Center of Community Wellness—1000Voices
“Parenting Inattentive/Hyperactive Children and Youth”

For more dates and workshops please visit

http://fcr.albertahealthservices.ca/course_registration/public_course_list.php



What Parents are saying

About: Candace.B (consultant)

Thanks for being an awesome consultant. You do your job with grace and class. I appreciate your help.

What Parents are saying

About: Angie.N.

I am so glad to have found a day home that has monthly visits and that is a structured environment for my daughter, I can already see a difference in her development, example trying harder to eat with a spoon/spork.

What Parents are saying

About: Kim M

Kim has a fun and loving family environment. Kim keeps the days full of interesting activities and outings. Kim serves the kids healthy, fresh food that cover all of the food groups and she gets everyone outside for some fresh air and activity every day. We have been very pleased with the level of communication, the weekly plans and the daily summaries.

What Parents are saying

About: Maricela. M

We are thrilled with Mariscela, she has provided such great care, attention, learning, and has been a great help with potty training. He is so comfortable with Mariscela and loves her. Every morning he says her name and is excited to go. In conclusion we are very pleased to have here.

Health Canada Recalls: Manhattan Toy® Quixel™ Baby Rattle

Product description

This recall involves the Manhattan Toy® Quixel™ Baby Rattle. The plastic rattles feature coloured arches (red, orange, green, and blue) with sliding beads on each of the single arches. The arches are held together by a single string of red, white, and blue elastic. The rattle measures about 12.7 centimetres (5 inches) in diameter. The product was sold with or without a box.

Hazard identified

The coloured arches can break near the ends, releasing a small part which can pose a choking hazard to small children.

Health Canada has not received any reports of incidents or injuries in Canada.

For some tips to help consumers choose safe toys and to help them keep children safe when they play with toys, see [General toy safety tips](#).



Websites to Visit

www.child.alberta.ca This site accesses programs and services in Alberta's government monitored child care industry. Find the Family Day Home Standards Booklet on the website.

www.parentsmatter.ca This site provides information relating to parent-child development through the Canadian Association of Family Resource Programs.

www.zerotothree.org A great site to get developmental, researched information on children age zero to 3 years of age.

www.mentoringboys.com This Canadian site focuses on boys and their unique needs. Check out their monthly newsletter for some great information.

www.positivediscipline.com

www.familyfuncalgary.com This Calgary website links you to current family events offered in the city.

www.calgaryfamilydayhomes.com We are on the web!!