



February Newsletter 2013

What Parents are Saying...

About Provider Faryal

I want to recognize Faryal for going above and beyond EVERY SINGLE DAY, Every day she allows me to drop off Lalyla at her home at 6 am. Without her I don't know what we would do. My daughter asks to go to "aunties" house on Saturdays and Sundays! Lalyla has made lifelong friends with both of Faryal's daughters. Faryal is such an incredible part of Lalyla's life I can't thank her enough for all she has done for us.

Amanda Maschner

DATES TO REMEMBER:

Feb 11 Calgary & Region Family Day Home Agency Provider In-service. Please note **new address** is

Marda Loop Community Center 3130 16th Street S.W.

Feb 19 Provider In-service in High River Parent Link Center 7:00 PM

Invoice Due Date Feb 21

TOPIC FOR BOTH INSERVICES: Change of forms for Child Attendance, Provider Invoicing and Provider Support Funding. Mark this date on your calendar for this very *important* meeting.

March 9 Provider Conference at the Glenmore Inn. This counts for 3 of your 6 training sessions. Make plans to attend. We can take 3 equal payments of off your Provider Invoicing. Phone into the office to have this form faxed to you.

What Parents are saying....

About provider Jackie Bain

"Thank you for providing such phenomenal care of K. I know that she will miss you and all of the friends she has made greatly."

Behavior and Guidance

Reasons for Misbehavior

All children misbehave sometimes. That is a normal part of growing up. But children's behavior is also influenced strongly by the people and the environment around them. Here are some reasons a child might be misbehaving:

- Needs a nap
- Feels ill
- Needs food/drink
- Has too much stimulation
- Feels bored
- Feels Frustrated
- Feels scared around strangers
- Needs to feel a sense of power and control
- Needs attention

Preventing Misbehavior

You can prevent some misbehavior of children from occurring by practicing some of the following tips:

Use encouraging words When children are behaving well they deserve your attention and appreciation. They will learn that good behavior is a way to be noticed

Using positives Tell children what you want them to do rather than what you do not want them to do. Changing Don'ts to Do's takes practice, but it is worth the effort. Do's give good ideas rather than bad ones and are more easily understood

Setting Limits tells a child what is expected. Too many rules and demands may overwhelm a young child, but setting a few limits on matters that are really important reduces conflict and the need for making more discipline decisions

Giving Choices When children are allowed to make small choices they learn to make simple decisions and will be prepared to make more important decisions in the future. They feel a sense of power and control over their lives when they can make choices.

Use Humor Children respond well to humor. It is effective at breaking tension or avoiding a struggle.

Warnings Letting a child know in advance what to expect eases transitions and reduces resistance.

Planning Ahead You can be prepared so that problem behavior is avoided.

Change the Setting You can change the child's environment so that certain misbehaviors are prevented.

Role Model You practice the behavior you would like the children in your care to adopt Example: You want the child to let someone finish speaking so you do not interrupt the child when she speaks.

When misbehavior does occur, it is first important to try to determine the reason for the misbehavior. By knowing the reason why a child behaves in an inappropriate way, then you can use the appropriate guidance technique.

From the Desk of...Gail: Agency Director

Please note that after our review with Calgary and Area Child and Family Services these non-compliances were found in the dayhomes.

1. Children daily attendance records not current daily
2. Children's information records not current including parents work addresses and postal codes
3. Medication not in key locked medication boxes!
4. Playpens that do not say for sleeping (Graaco Pak N Play does say for sleeping and is currently at Superstore for \$80.49)
5. Supervision please refer to your Family Day Home Standard Manual for the supervision level required in your day home.
6. Fire Drills must be conducted monthly and recorded monthly.

All consultants will be reviewing these items in all dayhomes. Please make any necessary changes to ensure that your home is in total compliance with the Family Day Home Standards in Alberta.

Thanks to everyone for your cooperation.

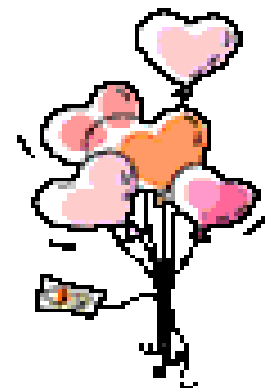
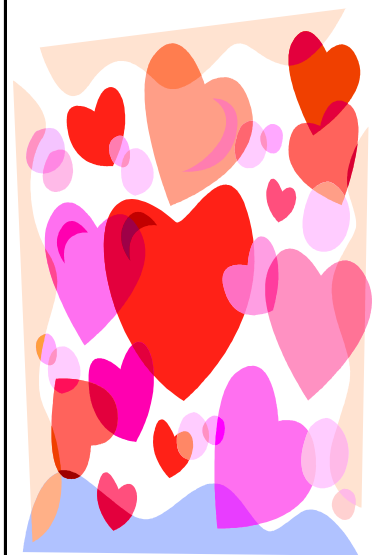
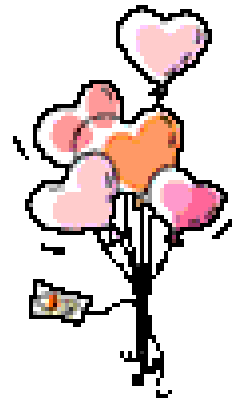
From the Desk of Louise: Parent Accounts Manager

Parents-look for your tax letters at your provider's home by the end of this month. Any questions please let myself or Alanna know.

Providers-please note we have a new banking system and all provider pay will be deposited the last working day of the month.

-we hope to see everyone at the next in-service on Feb. 11th. Alanna and I will be going over all the forms for invoicing and attendance records. The attendance records are new and will be in effect March 2013. Any questions concerning invoicing etc. bring to the in-service and we will be happy to answer them.

Happy Valentine's Day!



Free of Charge!

play safe! be safe!®

An award winning fire safety education program
created especially for children ages 3—5

Thursday, February 28th, 2013
Glenmore Inn and Convention Center, Calgary, AB

The play safe! be safe! workshop:

12:00 pm—1:00 pm Check-In

1:00 pm—4:00 pm A fascinating and entertaining look into the preschool child's perception of fire, the surprising frequency of children's misuse of fire, practical approaches to teach young children fire safety, and introduction to the award winning play safe! be safe! kit.

For trainers, teachers, other direct care providers, program managers, and fire & life safety educators

Refreshments will be served.

All participants receive a free play safe! be safe! kit!
Trainers receive additional play safe! kits for distribution, training slides, notes and resource list.



Pre-registration is required, see below for details.
The workshop is FREE OF CHARGE.



The award winning play safe! be safe! multi-media classroom fire safety education kit includes:

- 🐾 20 minute DVD featuring "Firefighter Dan" in English/Spanish (or French by request)
- 🐾 Four sets of colorful story cards
- 🐾 Two activity boards
- 🐾 Keep Away! card game
- 🐾 Comprehensive teacher's manual with materials for parents! In English/Spanish (or French by request)

Workshop will be held at the Glenmore Inn and Convention Center
2720-Glenmore Trail SE, Calgary, AB

Sponsored by The Office of The Fire Commissioner and
The Alberta Centre for Injury Control & Research (ACICR)

To Register:

Please call 1-866-421-6929 or email safety.services@gov.ab.ca

Seating is limited, please register early. Deadline is Friday, February 15th, 2013.



Alberta Family Child Care Association Calgary Region

You Make a Difference...

Featuring:

Dr. Jane Nelson



A Conference for Family Child Care Professionals

More Information Soon!

March 9th 2013

Mark Your Calendar!

A licensed family and child
therapist and co - author
of the bestselling
POSITIVE GUIDANCE series

Event Location:
Glenmore Inn, Calgary, Alberta

visit the AFCCA website
www.calgarychildcare.org



Websites to Visit

www.child.alberta.ca This site accesses programs and services in Alberta's government monitored child care industry. Find the Family Day Home Standards Booklet on the website.

www.parentsmatter.ca This site provides information relating to parent-child development through the Canadian Association of Family Resource Programs.

www.zerotothree.org A great site to get developmental, researched information on children age zero to 3 years of age.

www.mentoringboys.com This Canadian site focuses on boys and their unique needs. Check out their monthly newsletter for some great information.

www.positivediscipline.com

www.familyfuncalgary.com This Calgary website links you to current family events offered in the city.



Health Canada - Recent Recalls and Safety Advisories

www.hc-sc.gc.ca

Health Canada is advising Canadians that Novartis Consumer Health Canada Inc. is conducting a voluntary recall of 17 products as the child resistant mechanism of the bottle cap can fail.

As a result, children may be able to open the bottle and ingest the product. The ingredients of the affected products may be harmful to children and as such, ingestion of these products may cause serious adverse health consequences, including death.

Health Canada has not received any adverse reactions regarding the defective cap issue. However, as a precautionary measure, Novartis Consumer Health Canada Inc. is voluntarily recalling these 17 products to help ensure all affected products are removed from the Canadian market.

Novartis Consumer Health Canada Inc. is requesting that retailers immediately stop sale of these products and return them to the company. The company has confirmed the products were distributed across Canada.



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