



CALGARY & REGION FAMILY DAY HOME AGENCY Inc.

December Newsletter 2013

Please note: The office is going to be closed on Tuesday, December 24th at 12:00pm through Friday December, 27th, 2013 . The office will also be closed on Tuesday, December 31st, 2013 at 12:00pm

Holidays Around the World

With the holiday season approaching, it is always good to keep in mind the diversity that is within our city and country. Here are a few other holidays that are celebrated around the world!

- Saint Nicholas Day (Christian) December 6th
- Fiesta of Our Lady of Guadalupe (Mexican) December 12th
- St. Lucia Day (Swedish) December 13th
- Hanukkah (Jewish) November 27th – December 5th
- Christmas Day (Christian) December 25th
- Boxing Day (Australian, Canadian, English, Irish) December 26th
- Kwanzaa (African American) December 26th – January 1st
- Omisoka (Japanese) December 31st
- New Years' Eve (various countries) – December 31st



Jack Frost by Gabriel Setoun

The door was shut, as doors should be,
Before you went to bed last night;
Yet Jack Frost has got in, you see,
And left your window silver white.

He must have waited till you slept;
And not a single word he spoke,
But pencilled o'er the panes and crept
Away again before you woke.

And now you cannot see the hills
Nor fields that stretch beyond the lane;
But there are fairer things than these
His fingers traced on every pane.

Rocks and castles towering high;
Hills and dales, and streams and fields;
And knights in armor riding by,
With nodding plumes and shining shields.

And here are little boats, and there
Big ships with sails spread to the breeze;
And yonder, palm trees waving fair
On islands set in silver seas,

And butterflies with gauzy wings;
And herds of cows and flocks of sheep;
And fruit and flowers and all the things
You see when you are sound asleep.

For, creeping softly underneath
The door when all the lights are out,
Jack Frost takes every breath you breathe,
And knows the things you think about.

He paints them on the window-pane
In fairy lines with frozen steam;
And when you wake you see again
The lovely things you saw in dream.

From the desk of Louise: Parent Accounts Manager

Providers please remember it is an early
invoicing date..December 18th invoices are
due!!!

Wishing you and your families a
wonderful holiday season!



From the desk of Gail: Executive Director

With the New Year approaching a new list of Invoice and Inservice dates will be coming out in January. Please watch for these or ask your Consultant for any clarifications.

Around the World: Activities

With the holiday season here it is a great time to add some multiculturalism into your day homes. Check out some books from your local library to read about how children celebrate around the world.

Healthy Holiday Meal Ideas

Zucchini and Sweet Potato Latkes (Makes four 5" latkes)

These Latkes are a traditional dish for the celebration of Hanukkah!

Recipe ingredients:

1 cup shredded zucchini
1 cup shredded sweet potato
1 egg, beaten
1 tbsp coconut flour
1/2 tsp garlic powder
1/4 tsp ground cumin
1/2 tsp dried parsley
Salt & pepper to taste
1 Tbsp ghee or clarified butter
1 Tbsp Extra Virgin olive oil



Recipe Directions:

Combine the zucchini, sweet potato and egg in a medium bowl. In a small bowl, mix the coconut flour and spices together. Add the dry ingredients to the zucchini mixture and stir until fully combined. Heat the ghee and olive oil in a medium nonstick pan. Divide the mixture into four equal portions and drop into the pan, pressing down with a fork until a 1/2 inch thick cake is formed. Cook on medium heat until golden and crisp, then flip carefully and cook the other side. Remove to a plate lined with paper towels to drain. Season with an additional sprinkle of kosher salt. Serve hot.

Present Bento Box

Reindeer Sandwiches



What Parents are saying**About: Cassie B**

The day home is one of the best. Every child at the day home really loves Cassie, because she is caring, warm and loving to all those children. Whenever I take my son in the mornings, he is so excited to go to Cassie's. I am very happy that my son is in good hands whenever I am at work. I don't worry about the care that my son is receiving because I know it is excellent. A big thanks to Cassie for her tremendous job that she is doing for all the children in her care.

What Parents are saying**About: Bernadine R**

Bernadine has been more that I could have ever expected out of a provider. Our son enjoys going to her day home and is never unhappy or grumpy when we pick him up. I believe that Bernadine has help shape the person that he is today. I cannot say enough good things about Bernadine.

What Parents are saying**About: Salma K**

I am so happy my kids have been in your care. You have been absolutely fantastic with them. I have enjoyed watching them grow and develop into bright, smart, and caring little people. I hop I am as lucky to find someone that cares for them and loves them as much as you.

What Parents are saying**About: Seema H.**

We have loved having Seema take care of our children for the last 2.5 years. The children love her and so do I. She has done an excellent job caring for my children .She is calm, relaxed, tends to the children's needs in a caring and thoughtful manner.

What Parents are saying**About: Ginalyn G.**

Ginalyn has provided an exemplary care to our daughter for the past eight months.

What Parents are saying**About: Tanzima A.**

Tanzima is an amazing caregiver. She is that second mother I wanted my son to have. Full of patience, understanding, compassion & strength, she brought my son & I into her wonderful family & home. Whenever I went to her home, I was greeted with children playing running to the door happy to see me. Rarely there was a day that I would walk into her home where the children were unhappy & or not getting along. My son on most days would have rather have stayed at her house than come home with me!

Health Canada Recalls: Bunny Theme Children's Sleepers

Product description

This recall involves certain bunny theme sleepers sold by The Children's Place.

The sleepers are 100% cotton and contain CA number 40465 on the inner label. The recalled products can be identified by the following descriptions and style numbers (found on price ticket/hangtag).

Hazard identified

The recalled sleepwear has cotton ruffles and/or other 3-D decorative features (such as bunny ears attached to the feet) that do not meet the flammability requirements for children's sleepwear under Canadian Law.

Such decorative features can come in contact with ignition sources such as stove elements, candles, and matches, and once ignited will burn rapidly, posing a burn hazard to children.

Neither Health Canada nor The Children's Place have received reports of incidents or injuries related to the use of the affected products in Canada or the United States.

Websites to Visit

www.child.alberta.ca This site accesses programs and services in Alberta's government monitored child care industry. Find the Family Day Home Standards Booklet on the website.

www.parentsmatter.ca This site provides information relating to parent-child development through the Canadian Association of Family Resource Programs.

www.zerotothree.org A great site to get developmental, researched information on children age zero to 3 years of age.

www.mentoringboys.com This Canadian site focuses on boys and their unique needs. Check out their monthly newsletter for some great information.

www.positivediscipline.com

www.familyfuncalgary.com This Calgary website links you to current family events offered in the city.

www.calgaryfamilydayhomes.com We are on the web!!