



CALGARY & REGION FAMILY DAY HOME AGENCY Inc.

August Newsletter 2014

Dates to Remember:

Invoice due date: Thursday, August 21st, 2014

In-service Date Change: *We are rescheduling the in-service from June. The rescheduled date is Wednesday, August 6th, 2014 at 7:00pm.* We are going to be doing the in-service in a little bit of a different fashion this month. The topic is going to be Physical Literacy, but we are holding the in-service at a park! **The George Moss park is located at 74 Ave and 22nd St SE.** The park is in the community of Ogden-Lynnwood. PARENTS, CHILDREN and PROVIDERS are welcome at this in-service! Please share the newsletters and this information with your families

Provider Appreciation: Thursday, September 25, 2014. More details to follow early next month!

Workshop date: Saturday, September 13, 2014 at 10:00 am there will be a workshop at the agency focused on Visual Schedules. We will have supplies and samples. Please call Susan for details. 403.217.5394



National S'mores Day. Celebrated yearly on August 10th

S'mores are a favorite campsite treat for young and old kids. If you're at a campfire, chances are, there's S'mores. Sticky and gooey, and loaded with sugar and carbs, S'mores are nothing short of delicious. National S'mores Day celebrates this tasty summer treat. It's appropriately observed in August...campfire prime time. Don't limit your consumption of S'mores to the campfire. They are popular with kids year round, and can be baked in the oven, or microwave.

How to make S'mores:

Ingredients:

1. Chocolate candy bar
2. Honey Graham Crackers
3. Marshmallows

Instructions:

1. Break off a square of Graham cracker
2. Add a piece of Chocolate.
3. ****Toast a big marshmallow**
4. Add the hot marshmallow.
5. Top it with another graham Cracker.
6. Eat, savor and enjoy!



****Note: You can make S'mores in the microwave. Just put them together and pop them into the microwave on high for 15 to 20 seconds.**

<http://www.holidayinsights.com/other/smoresday.htm>

From the desk of Susan: Director

I would like to start by thanking everyone for all their hard work and patience the last couple of month's as the Consultants and Agency are completing our re-accreditation paperwork. I know the observations, documentation, surveys and updated forms can seem overwhelming. The feedback I receive from the surveys is available for accreditation to view and I will also be compiling concerns into a formal letter. I would like to share my sincere appreciation and respect for Providers as you continue to improve the quality of your day home children's experience.

We do have several examples of the revised Physical Literacy and Activity Planners; if you are looking for ideas or help with these please email me and I will send you some samples that you can edit and use.

There have been a few changes this month at the agency. Heather Myers is no longer with the agency so Providers may be seeing a new face on their visits this month. Brianna (MRU summer student) will be leaving us at the end of August. We will miss them both and wish them luck! Sarah (MRU summer student) will be staying with us and we are very excited to have her join the team!

September Provider Appreciation is September 25 at the Glamorgan Community Center. I look forward to celebrating with everyone!



From the desk of Louise: Parent Accounts Manager

What great summer weather we have had! I hope you are all enjoying it!!

After summer comes fall...which means back to school.

Any changes to fees? Children terminating because they are going to school?

Please let me know no later than August 22nd.

Enjoy the rest of your summer!

Science Experiment: Erupting Ice Chalk Paint

What you need...

- Cornstarch
- Baking soda
- Water
- Vinegar
- Liquid water color paint (or food coloring)
- Ice cube trays
- Squeezy bottles



Combine 1/4 cup of baking soda and cornstarch. 1/2 cup of water and a squirt of liquid water color paint or food coloring . Mix together and pour into ice cube trays to freeze. After the cubes are frozen bring them outside, fill the squeezy bottles with vinegar to squirt the ice cubes and watch as the cubes erupt into beautiful colors!!

Math Skills: Matching



Did you know... matching and sorting activities are foundational concepts for children developing math skills?

Try making your very own matching game! Cut out sock shapes and decorate them in pairs. Mix the socks together and turn them face down. Each child will turn over two socks at a time. If they don't match - turn them over again and the next child will try to find a matching pair of socks!

For more ideas on how to create an object to picture matching activity visit this link: <http://www.two-daloo.com/matching-objects-to-pictures-whats-the-big-deal/>

Training Sessions / Workshops in the Community

For information on workshops and training sessions held by Alberta Health Services please visit their website at:

http://frcr.albertahealthservices.ca/course_registration/public_course_list.php

Sun Safety

PARENTS: Please remember with the summer coming to have hats for your children each day. Each child (or family) needs their own sunscreen and bug spray, please ensure that these are clearly labeled with your child's name.

PROVIDERS: Each child needs their own sunscreen and bug spray, ensure that you are only using the correct and labeled products for the children. If you are going outside for a long period of time, ensure that you are also bringing water bottles for each child.



YWCA Parent Link Corridor

parentLINKcentre

Picnic at the Water Park. Tuesday, August 5. 1:30pm – 3:30pm

Preparing for Kindergarten. Thursday August 7, 2014. 1:30 pm to 3:00p.m.

Board Games and 4 fun Activities (“Face the Cookie” “Shoe fly Shoe” “Tilt a Cup” “Blockin”) Thursday, August 14th. 10:30am - 11:30pm

Board Games and 4 fun Activities (“Noodling Around” “Suck It Up” “Breakfast Scramble” “Play It By Ear”) Thursday, August 21st. 10:30am - 11:30am

Safety and Fire Station Tour. Monday, August 25th. 1:00pm -3:00pm

Final Week Design and Fashion Show. Thursday, August 28th. 10:30am - 11:30am

For more information and to register for these programs call: (403) 262-0497

All workshop and trainings held at the YWCA Parent Link Corridor. 320-5th Avenue SE

Parent Link Centre in Chestermere

Walk & Roll. Tuesdays, July 8th to August 26th. 10:00am - 11:30am.

Meet me at a park in Chestermere (Different park each week).

Wednesday's July 9th - August 27th. 11:00am - 3:00pm

Parent Link Chestermere, for more information call 403-207-7060

Accreditation Reminder of the Month

Standard 2.4: Child care programs use observation, recording, and documentation to plan the program based on the needs, abilities and interests of the children and their experiences with families and communities.

Some examples of this include:

- Plan routines appropriate for the developmental levels of the children
- Review information shared by families to inform planning
- Invite children to participate in the development of program planning, routines and rules
- Provide the children opportunities to share and display their learning

How can you get the parents involved in helping you with your monthly program planning? What ideas do they have that they can share with you? What can the children do to help you with program planning? (For older children) What do they like to do? Get some ideas from them! Do you display the things that they are learning? Take pictures and print them to put on your walls! The children can even draw pictures that you can put on display.



Physical Literacy

A Hop, Skip and a Jump: Enhancing Physical Literacy Tool Kit. A link to the eBook can be found here:

<http://www.freebookez.com/ebook.php?u=aHR0cDovL2NwY2Njc3RhZmYud2VIYmx5LmNvbS91cGxvYWZlZEVMy82LzUvMTM2NTM0MzQvaG9wX3NraXBfX2p1bXBfcmVzb3VyY2UucGRmCkEgSG9wLCBTa2lwIGFuZCBhIEp1bXA6IEVuaGFuY2luZyBQaHlzaWNhbCBMaXRlcmFjeSBUb29sIEtpdA==>



August ALERT: Please read the following...

<http://www.hc-sc.gc.ca/ewh-semt/pubs/climat/heat-chaleur/index-eng.php>

“Extreme heat is a current health risk. As our climate continues to change, extreme heat events/heat waves are expected to increase in frequency, length and severity, resulting in increased health risks for many Canadians.”

What Parents are Saying**About: Kim M.**

In terms of feedback, I have only very positive things to say about Kim's day home. My husband and I think we may have actually found the perfect care situation. You wouldn't necessarily think it, with the difference in the kid's ages, etc, but it has been fantastic and we love it, including J...in the 5 months or so that J has been attending Kim's day home I can honestly say that it's been great every day. J adores the little ones that she gets to interact with.

What Parents are Saying**About: Lavone O.**

[I am] happy with the care that Lavone is providing for her son. [I am] very impressed with the level of self-confidence that [my son] has since he has been attending Lavone's home. He speaks English very well and does not want to move to any other home. [I have] chosen not to use back up care when Lavone is off for vacation and even when she has to move anywhere [I want] to make sure that K is always attending Lavone's home. [I am] very happy with the job Lavone has done

What Parents are Saying**About: Shelley F.**

Shelley is awesome! She is kind and patient but is able to draw the line and get the kids to behave for her. I was just telling her... that it's tough enough to take my own kids to the mall and around the city let alone five 2-4 year olds! B loves it at Shelley's house and it was nice that the kids were able to do some field trips this summer, I know B enjoyed them!

What Parents are Saying**About: Sukhjit K.**

My husband and I were overjoyed and our minds completely at ease when we met Sukhjit... She is patient and kind and provides a safe nurturing environment for the children in her care with an organized schedule, which includes playtime, outside time, story time, lunch, snack and nap time...The love and patience provided by Sukhjit makes us realize how lucky we were to have found a place we can still call our home away from home. You will not find care like this anywhere else. We wholeheartedly recommend Sukhjit's daycare to anyone and everyone!!

What Parents are Saying**About: Fe P.**

Fe is absolutely amazing with N, he has learned so much since being in her care. We moved a few weeks ago but made sure to stay in the area because we didn't want to lose her. Fe is great at what she does :)

What Parents are Saying**About: Shazia A.**

He seems happy there and I am not having any hard time to drop him in morning. Shazia has been help full and flexible with S's activity, also she share all the information I need.

What Parents are Saying**About: Latifa A.**

I am very grateful for the years Latifa has taking care of my son with so much love.

What Parents are Saying**About: Ambreen R.**

I am also happy with dealings of Ambereen. C likes to go there and enjoys the time at park.

Health Canada Recalls:

There are no Health Canada Recalls this month.

Visit <http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/index-eng.php> frequently for more information on recalls affecting you and your family.

Are you looking for something fun to do around the city this summer? Check out this list published by familyfuncalgary.com!

<http://www.familyfuncalgary.com/100-fun-things-to-do-in-calgary-with-your-family-this-summer/>



Websites to Visit

<http://www.calgaryfamilydayhomes.com/providers.php> Visit our website and fill out our provider survey

www.foothillsnetwork.ca Early Childhood services available to parents and communities within the Foothills Region

www.aelcs.ca Accreditation for Early Learning and Child Care Services

www.child.alberta.ca This site accesses programs and services in Alberta's government monitored child care industry. Find the Family Day Home Standards Booklet on the website.

www.parentsmatter.ca This site provides information relating to parent-child development through the Canadian Association of Family Resource Programs.

www.zerotothree.org A great site to get developmental, researched information on children age zero to 3 years of age.

www.mentoringboys.com This Canadian site focuses on boys and their unique needs. Check out their monthly newsletter for some great information.

www.positivediscipline.com This website looks at what is positive discipline.

www.familyfuncalgary.com This Calgary website links you to current family events offered in the city.

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