



July Newsletter 2015



<http://www.pinterest.com/crfdha/>



<https://www.facebook.com/CalgaryFamilyDayhomes>

Dates to Remember:

Invoice due date: Friday, July 24th, 2015

(Chestermere) In-Service Date: Tuesday, June 28th, 2015, 6:30pm. This in-service will be hosted at the Chestermere Parent Link Centre. The address is 105 Marina Road.

****We will not be hosting an in-service at our office for the month of July. Watch our Facebook Page and Monthly Newsletters for more information on the upcoming Provider Appreciation and Scholastic Bookfair coming in September!****

TEDDY BEAR PICNIC: Thursday, August 13th, 2015, 5:30pm - 8:00pm (snacks provided), Applestone Park (Applewood Drive SE). You are invited to our First Annual Teddy Bear Picnic in Support of the Alberta Children's Hospital. Bring a new, unwrapped teddy bear for the Children's Hospital (Extra Teddy Bears will be on site for purchase of \$2). Come out and help up support all the amazing work done by the Alberta Children's Hospital! Day Home Providers, Families, Friends and Neighbors are all invited to come to this special night!

Parents and Providers are welcome at all of our in-services!



IT'S HOT OUT THERE!



Headache

Dizziness and fainting

Rapid breathing and heartbeat

Extreme thirst

Nausea or vomiting

Sleepiness or temper tantrums

Watch for signs of heat illness in young children. Move them to a cool place and give them a drink.

Sun Safety

With the summer season upon us, it is important to remember some Sun Safety tips for the children in your day homes.

Always have water bottles for each child, make sure they are wearing a hat, and ensure that each child has sunscreen applied before going outside each day. (*Each child should have their own sunscreen, supplied by the families, with their names written)

Visit the Healthy Canadians Website for more information on Sun Safety and Extreme Heat;

<http://healthycanadians.gc.ca/healthy-living-vie-saine/environnement-environnement/sun-soleil/heat-extreme-chaueur-eng.php>

From the desk of Susan: Director

We have changed our referral process. If you refer a friend to our agency, you will receive a \$50 bonus when they sign their contract! You no longer have to wait and track that they have children in their home for 3 months. We have also made some referral cards. If you would like some cards to hand out at the park please let your Consultant know.

July 1 there was a clarification in regards to the use of playpens with children under 12months. The agency is working with Child and Family Services to help Providers ensure that all infants in their dayhomes are provided the safest sleeping arrangements. Parents / Providers, if you have any questions please contact myself at 403.217.5394 or by email at susan@calgaryfamilydayhomes.com

Scholastic Book orders do not run through the summer so make sure to get your June orders in by June 30. Scholastic Book orders begin again in September, and to kick them off we will host another Book Fair !!! (September; 24-27 public and September 28th; providers only exclusive)



From the desk of Louise: Parent Accounts Manager

Happy Summer!

Hopefully we are getting the same weather this month as we did in June to fully enjoy summer activities.

I should have received all changes to fees for July and August. Thanks to everyone who sent them in on time.

Looking forward to September...I know I don't want to...are there children going into Grade One and school age fees will apply?

I need to receive September change of fees by August 24th.

Remember school age fees for Grade One and up have a \$70 agency fee. **Providers-please remember to quote total fees including agency!**

Enjoy the summer!

What can you do instead of watching TV?

Are you running out of ideas to do with your day home children each day? Use this list for 100 different ideas of what you can do with the children!

1. With shadow puppets
2. In the jungle
3. With chickens
4. Under the sea
5. In space
6. With water beads
7. In a bath of jelly
8. On a building site
9. Camping
10. Yoga
11. Dressing up
12. Pirates
13. With potatoes
14. Dinosaurs
15. With homemade play dough
16. With toothpicks
17. Washing up
18. With salt dough
19. Mad hatters
20. With your feet
21. Jam
22. Bunny rabbits
23. Lovehearts
24. Marshmallow lollipops
25. Child-made soup
26. Chop chop salad
27. A snowman
28. Homemade cornettos
29. Welsh cakes
30. Maths cocktails
31. Eggs
32. The alphabet
33. Snowflakes
34. Cookies
35. A rainbow
36. A gingerbread man
37. A gingerbread house
38. Mini meringues
39. A car
40. Ice cream play dough
41. Caterpillars
42. Butterflies
43. A robot
44. A town
45. A playground
46. A marble run
47. An incy, wincy book
48. A superhero peg doll
49. Your own doll
50. A meadow
51. A horse riding stables
52. Chocolate play dough
53. A weather station
54. Beautiful candle holders
55. Rockets
56. A boat
57. A dinosaur land
58. A den
59. Story stones
60. A comic
61. Try blow art
62. Set up a painting station
63. Decorate flower pots
64. Explore symmetry
65. Reverse print
66. Make a roly poly painting
67. Try contact paper art
68. Use oil pastels
69. Print with flowers
70. Go big!
71. Paint with marbles
72. Create a self portrait
73. Make a marvelous hat
74. Thread an art bag
75. Try old materials new ways
76. Make a store cupboard collage
77. Spin!
78. Try water painting
79. Paint outside
80. With cotton buds
81. Make tree gargoyles
82. Make mud pies
83. Plant a tree
84. Create cement art
85. With worms
86. With bugs
87. Go on a treasure hunt
88. Play in a rock pool
89. Create a fairy garden
90. Make a miniature garden
91. Grow some seeds
92. Start a garden journal
93. Plant sunflowers
94. In a story tent
95. Build a sandcastle
96. Make a bird cafe
97. Wear woodland jewelry
98. Hand print a sunflower
99. Race snails
100. Hunt mini beasts

Go to: <http://nurturestore.co.uk/screen-free-week-kids-activities> for the links to every activity!



Accreditation Reminder of the Month

Find the Accreditation Standards here:

<http://humanservices.alberta.ca/documents/accreditation-standards.pdf>

Standard 1.4: Children’s development is supported through outdoor environments with active play spaces and opportunities to experience and learn about the natural world.

- Organize and equip the outdoor play space to provide a variety of developmental and physical activities for children in a safe environment
- Provider opportunities for children to explore and learn in natural settings
- Encourage environmentally responsible practices to promote children’s connections with the natural world
- Provide opportunities for children to learn about how materials in nature are used in everyday life



Training Sessions / Workshops in the Community

For information on workshops and training sessions help by Alberta Health Services please visit their website at: http://frcr.albertahealthservices.ca/course_registration/public_course_list.php

Training Sessions / Workshops in Chestermere

www.chestermere.ca > Town Services > Community Services > Programs For 0 - 5 Years Old

YWCA Parent Link Corridor

Visit the YWCA Calgary Website for more information on their upcoming workshops and newsletters.

For more information on upcoming programs call: (403) 262-0497

All workshop and trainings held at the YWCA Parent Link Corridor. 320-5th Avenue SE



Physical Literacy

A link to the eBook; A Hop, Skip and a Jump: Enhancing Physical Literacy Tool Kit can be found here:

<http://www.freebookez.com/ebook.php?>

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What Parents are Saying

About: Zida A.

She seems so happy at Zida's day home. I am so glad to have found her. We are very happy and content! Zida has been so amazing to both me and L. She made me feel very comfortable the very first day I met her. I trust her and her daughter to take the best care of L.

What Parents are Saying

About: Sara B.

Sara has been incredible – our parenting style’s seem to be pretty similar and I love how great she is with the girls, she’s calm and kindly firm when she needs to be – A responds well to her and has developed true respect for her all on her own It was a huge blessing that Sara joined the agency!

What Parents are Saying

About: Alma H.

The boys absolutely love Alma. They thrive in her day home, and we love the fact that she takes them outside almost on daily basis. We are very pleased with the care Alma provides our boys. She is an outstanding care giver.



Happy Birthday to our providers celebrating a birthday in July:

Shelby Risikat

Lavone Hani

Jocelyn Shenaz

Sylvie Elizabeth

Shafqat Usha

Sandra Louise

Ayesha Sihasunie

Ishita Maricela

Ritu Olive

Dana

What Parents are Saying

About: Risikat R.

Risikat's place is well kept and she is kind to kids. My son was able to adjust with her. I like it that there are only 3 of them in her home. She took care of the kids and open to my ways of rearing D.



Do you have any Suggestions for the agency?

Please send any suggestions to Susan at
susan@calgaryfamilydayhomes.com

Cooperative Play
 Make your own Weather Channel - what is the weather like on this day?

PROVIDERS:
 Do you have any suggestions / interests that you are needing help planning for? Send your ideas to Danielle at danielle@calgaryfamilydayhomes.com for them to be added to an upcoming newsletter!

Fundamental Movement Skills
 Sun tag
 Shadow and Sun Obstacle Course

Dramatic Play
 Cloud Room - make some pretend clouds, hand some from the ceiling and pretend your in the clouds.

Activities Involving Provider Participation
 What are the different seasons? How long do they last? What type of weather do you see in each season?

Current Interests & Goals
Weather & Seasons
 Go ahead and use this sample as part of your Activity Planner—just make sure to adjust it to meet your day home’s needs

Visit our Pinterest Page for more details on many of the activities on this planner!

Language Activities
 Water Cycle Song
 The Seasons Song
 Seasons of the year

Books
 Clouds
 The Cloud Book
 Rain
 Feel the Wind

Problem Solving/Math Skills
 Tornado in a Bottle
 Cloud Experiment

Gross Motor Activities

<u>Indoor</u> Indoor Skating on Wax Paper	<u>Outdoor</u> Weather Cube Pretending Ice Bowling
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Nature Exploration
 “I Smell / I see / I feel / I hear”

Creative Arts
 Wind Chimes
 Drip art: Create a Rainbow with 3D rain drops

Fine Motor Activities

<u>Indoor</u> Sun Sparkling Play Dough (yellow, orange and red play dough with glitter)	<u>Outdoor</u> Leaf / Tree Bark Rubbings
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Sensory Play
 Puffy Rainbow Clouds
 Weather Sensory Bottles

Health Canada Recalls

There are no consumer product recalls at this time. Check <http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/index-eng.php> for the up-to-date information on all recalls.



Websites to Visit

<http://www.calgaryfamilydayhomes.com/providers.php> Visit our website and fill out our provider survey

www.foothillsnetwork.ca Early Childhood services available to parents and communities within the Foothills Region

www.aelcs.ca Accreditation for Early Learning and Child Care Services

www.child.alberta.ca This site accesses programs and services in Alberta's government monitored child care industry. Find the Family Day Home Standards Booklet on the website.

www.parentsmatter.ca This site provides information relating to parent-child development through the Canadian Association of Family Resource Programs.

www.zerotothree.org A great site to get developmental, researched information on children age zero to 3 years of age.

www.mentoringboys.com This Canadian site focuses on boys and their unique needs. Check out their monthly newsletter for some great information.

www.positivediscipline.com This website looks at what is positive discipline.

www.familyfuncalgary.com This Calgary website links you to current family events offered in the city.

<http://www.2000days.ca> This website is a network of resources to connect people working in Early Years

Calgary and Region Family Day Homes Agency Inc.

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Phone: 403.217.5394 / Fax: 403.240.2668

24hr Emergency Line: 403.852.3894

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